

RULES TO FOLLOW TO INSURE PATIENT'S SAFETY

For the patient's safety these following rules must be observed by all practitioners and patients themselves:

1. Patient should be advised to eat a good meal before coming for NAET® Energy Balancing Program. Even though NAET® EBP is an energy balancing procedure, sometimes energy manipulation can make the patient tired or weak. Eating a good meal within an hour of the EBP helps to maintain the overall energy of the patient during the procedure.

2. Patient and/or patient and surrogate should wash their hands with soap and water each time before entering the evaluation room in order to remove any energy of previously contacted item left on the hand, e.g. energy of the cosmetic products, food products, work material, etc. They should wash hands again with plain water without soap before they leave the office in order to remove the energy of the substance used during NAET® EBP.

3. Patient (and the surrogate) should be instructed to drink a glass of nonallergic water five to ten minutes before entering into the evaluation room on each visit. Energy moves freely in a well hydrated body. Evaluations and NAET® EBP are easy on an adequately hydrated body.

4. Patients with severe allergies should be evaluated via surrogates. The surrogate will hold the sample in a glass test tube or a glass jar, not directly in the surrogate's hand. A surrogate can be any healthy person: A family member, friend or an office staff. This is to prevent any unexpected reaction by the patient while contacting the allergenic substance directly by the patient during testing procedures. Indirect contact (e.g. through a surrogate) produces minimal or no unpleasant reaction on the patient. If the surrogate is a parent and if the patient is a child,

5. If the parent consumes child's allergic foods away from the child and hugs or kisses the child within a short period without rinsing the hands and mouth well, the child may react or lose the desensitization treatment for the item desensitized through the contact with the body secretion from the parent. Because of this possibility it is highly advisable for the parents to get NAET® EBP along with the child so that both can follow the avoidance protocol.

6. When the practitioner is evaluating for the reactivity of an item through a surrogate via NST, the surrogate holds the substance in the hand opposite to the one on the side of the patient in order to keep the reactant a few feet away from the patient. The surrogate can contact the patient's body with his/her free hand (e.g. back of the hand, or any exposed area of the body of the patient: scalp, neck, shoulder, etc. if the patient is an infant or a child) or the adult patient or a grown child can touch the surrogate's back of the hand or arm or ankle on the same side where the patient is seated. In this position, the practitioner will be testing the reactivity of the patient for the item through the surrogate. The practitioner can evaluate adult patients on their own for their reactivity to the items to which they do not have the history of previous anaphylactic reactions. If a surrogate is available it is suggested to evaluate through the surrogate all known allergens.

7. The patient/caretaker/guardian should be taught self-balancing procedures on the very first visit before the patient leaves the office. The patient should be advised to apply SBP every two hours for 25 hours while awake following each office visit. This self-balancing procedure will help bring the yin-yang balance in the body within seconds just in case if the patient gets exposed to an allergen unexpectedly and cause to have a reaction.

8. The practitioner should test the patient's reactivity towards three items only, on any one visit whether the patient is evaluated on his/her own or through a surrogate: e.g. BBF, Egg mix and Calcium mix in one visit.

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When a sensitive person makes contact with more allergens in one session, he/she can have unexpected severe reaction while evaluating, or a few minutes to an hour later due to the cumulative effect from the allergens contacted during evaluation. **So please do not test anyone with the history of severe reactions for more than three suspected allergens in one session.**

9. Patient's EMF will be checked before the EBP and the patient will be advised to avoid the specific distance of EMF for 25 hours following the EBP. The larger the EMF severe is the sensitivity.

10. Patient will be instructed to wash hands with clean water or wipe hands with a wet towel or rub both hands together between touching new samples while evaluating for any reactivity of more than one substance during one visit. This is to prevent false results by cross reaction between energies of different substances.